

### **Personal Information:**

Name			Date		
Date of Birth	Age Gender Male Female	Transgender	Race/Ethnicity		Place of Birth
Address			Phone #		
			Alternat	te #	
Children:			1		
Parent #1		Phone		Email:	
Name:	#:				
Parent #2		Phone Email:			
Name:	#:				
Emergency Contact Relationship, & Pho					
Services					
Rendered	In-office / In-Person	Telehealth / T	elepsychol	logy	
Accompanied by					
Information provided by	Client Only C	Client Only Client &			

### **Referral Information**

Referred by:	
Reason for Referral & I	Presenting Problem:

## **Background Information:**

Hx. of Relocations or Migration	
Current Living Arrangements	

<b>Parents / Guardian</b> - Relationship with - Raised by	
Siblings - Relationship with - Birth order	
Description of Childhood / Adolescence	
Significant Romantic Relationships	
Children -Name - Age -Relationship with	
Exposure to Abuse -Mental/Emotional -Physical -Sexual -Domestic Violence	
History of DCF Involvement:	

## Mental, Medical, Substance Abuse & Social History:

<ul> <li>Mental Illness &amp; Treatment</li> <li>Psychiatric Hospitalizations</li> <li>Mental Health Treatment</li> <li>Family Hx.</li> </ul>	
Psychiatric Medications - Prescribed by - Past & Current	

Medical Illness & Trea - Hospitalization - Surgeries - Family Hx	tment
Other Medications - Prescribed by - Past & current	
Developmental Hx (child adolescence only) - Birth Process - Dev. Milestones	dren &
Have you or are you expe	riencing any of the following frequently over the past 60 days?
	or Encopresis (if yes, give details)
Headaches Blurre	d vision 🗌 Sore Throat 🔲 Dizziness 🗌 Swelling 🗌 Chest pain 🗌 Cough
Breathing Difficulties	Stomach pain Nausea Vomiting Diarrhea <u>NONE</u>
Head injuries:	
Loss of Consciousness:	
Substance Abuse Hx.	None at all Marijuana Alcohol Coffee Crack/Cocaine
	Nicotine (Cigarettes, cigars, vaping, chewing tobacco)       Opioids (pain meds)
	Others (Xanax, anxiolytics, hallucinogens, inhalants, etc)
<i>Explain:</i> -Frequency of Use -Treatment	
Education	
<ul><li>Highest achievement</li><li>Training, college</li></ul>	
<i>Children / Adolescents</i> - ESE, IEP, Gifted	
- Retentions, Expulsions	
- Suspensions, referrals Employment Hx.	
- Conflicts at work?	
Adolescents: - Community Service	

Military History	
Legal History - Arrests - Gang Involvement	
Hx. of Disruptive Behaviors (Children & Adolescents) -Explain	Physical aggressionVerbal aggressionDefiance of authorityDestruction of PropertyTruancyTheftNegative attention seekingFire SettingBully othersFrequent conflicts with othersAnimal crueltyOppositional behaviors
Social History	Able to establish friendshipsAble to maintain friendshipsNot Able to establish friendshipsNot Able to maintain friendshipsGets along well with peersMajor conflicts with peersEngage in same-age peer activitiesPrefers to be with older peersPrefers to be with younger peers
-Explain	
Cultural Background & Influences - Adjustment - Immigrants	
Spiritual / Religious Influences	
Sexual Practice - Orientation - Areas of Concern	
Leisure/Recreational Activities	
Personal Goals	
Personal Strengths & Assets:	
Personal Obstacles & Challenges	
Resources & Social Support	

Behavioral Observations - Presentation (Check all that apply & specify additional detail when needed):

General	Good/Well-Kept	Appropri	ate	Dishe	veled Not A	ppropriate for Setting
Appearance	Appear Stated A	.ge 🗌 Older		Vour	nger Heigh	tWeight
Explain						
Ambulation	WNL	Unsteady		Cane	Wheelch	air 🗌 Walker
		Assistive dev	ice	Other	Gait Abnormality	
Explain						
Motor	WNL	Retarded	Accel	erated	Stuporous	Tics
Activity					Tremors / Sha	
Explain						
1						
Eye Contact	WNL	Poor	□Variat	ole	Presc	ription Eyeglasses
	Looking down		Looki	ng away	Wear	ing Shades
Explain						
Hearing	WNL	Poor	Hearir	ng aides	Must be spok	en to loudly
Speech – Pitch &Tone	WNL	High	Low		Unusual	Monotone
Speech	WNL	Slowed	Slurre	d	Intelligible	Unintelligible
Content & Production	Clanging	Pressured	Sparse	e	Spontaneous	Non-Spontaneous
	Tangential	Stutters		diments	Logical	Illogical
	Dysarthric	Aphasic	Echola	alia	Organized	Disorganized
	Limited	Lisps	Incohe	erent	Fluent	Over productive
Explain						
Hand			□ A1. ; ;	1		
Hand Dominance	Right	Left		dextrous		
Behavior &	Cooperative	Hostile	Explain	n:		
Attitude:	Withdrawn	Disruptive				
	Agitated	Combative				
	Dramatic	Oppositional				
	Belligerent	Manipulative				
	Guarded					
Rapport w/Clinician	Established	Not Establishe	ed 🗌 D	oifficult to	Establish	

Interaction w/ Caregiver	WNL	Oppositional	Distant/Withdrawn	n Clingy / Depender	nt <u>N/A</u>
Effort:	WNL	Minimal	Need a lot of re	inforcement & prompting	, ,
Responses:	Frank	Over-exaggerat	<b>v</b> 1	Inconsistent	Dishonest

Behavioral Observations - Emotions (Check all that apply & specify additional detail when needed):

Client's Reporte	ed Mood:					
Observed	Content	Euphoric	Apathetic	Depressed	Sad	Dysthymic
Mood	Angry	Confused	Irritable	Anxious	Fearful	Worried
	Variable	Distrustful	Optimistic	Neutral		
Affect	Labile	Constricted	Blunted	Appropriate	Inapprop	oriate Range
	Flat	Depressed	Tearfulness	Congruent	Incongru	ent to Mood
Suicide				<b>—</b> .	<b>—</b> ~	
Current	None	Ideations	Plans / Threats	Attempts		lf-Injury
Past			mouts			
Explain:						
Homicide	None	Ideations	Plans /	Attempts		es Injury
Current			Threats			es injury
Past						
Explain:						
Depressed	Sadness	Helplessness	Low self-est	eem Depre	ssed mood	Mania
Symptoms	Withdrawn	Mood Swing	Low self-wo	orth Low r	notivation	
	Anger	Aggression	Excessive g	guilt 🗌 Easily	frustrated	
	Anhedonia	Hopelessness	Crying spel	lls 🗌 Low e	energy / fatigu	le
Explain:						
Explain.						
Anxiety	Worries	Anxious	Panic attacks	Easily s	tragged	
Symptoms						
	Fears	Irritable	Compulsions		ve Thoughts	
Explain:						

Eating Habits <i>Explain:</i>	WNL F	oor Nutrition In	creased Appetite	Decreased Appetite	Variable
Sleep <i>Explain:</i>	WNL Nightmares Night Terrors	☐Increased sleep ☐Early morning awakening	Decreas Restles		y Falling Asleep y Staying Asleep
Behavioral Ob	oservations - Co	ognition (Check all	that apply & specif	y additional detail when	needed):
Attention Span	Sustain atten			hortened Dis loof	stant
Intelligence	Average	Above average	2	Borderline	
	Low	Below average		Significantly Low	I
Insight	WNL	Poor	Good	Superficial	Limited
Judgment	WNL	Poor	Impaired	Limited	
Impulse Control	WNL	Poor	Explosive	Impulsive	Low Impulse
Thought Content & Process	Logical Concrete Tangential	Goal directed Confused	Flight of ideas Perseverance	<ul> <li>Loosening of asso</li> <li>Poor Comprehens</li> <li>Abstraction ability</li> </ul>	ion
Hallucination	None	□Visual □Au	ditory Tactile	Gustatory Olfa	ctory
Explain:					
Delusions:	None	Erotomanic	Grandiose		]Persecutory
Explain:	Paranoia	Ideas of Referen	nce 🗌 Bizarre T	houghts & Beliefs	]Somatic
Mental Status:					
Orientation	Alert	Person	Place Ti	ime Situation	
Explain:	Delirious	Disoriented			
Functional Cap		<b>—</b> —			
Daily Living S	kills Shower	Dress Cook	x / prepare small meals	Clean Sho	p Drive
Explai	in:				

# Client Name:\_\_\_\_\_ Date of Birth:\_\_\_\_\_

Any Additional Information:

Th	Therapy Goals per Client:		
1.			
2.			
3.			

#### **Diagnostic Impression:**

Diagnostic Code: ICD-10-CM	Description	Specifiers (i.e., Severity, Course, Domains)

Clinician Name, Title, Degree, License #

Clinical Supervisor Name, Degree, License #

Signature

Signature